

## **RICHARD QUICK**

In his career Richard Quick has the distinction of being a six-time United States Olympic coach who directed 12 teams to NCAA titles.

One of the most respected names in the swimming and diving community, Quick has guided teams to 12 NCAA titles-seven at Stanford and five at Texas-the most in the history of Division I coaching. Internationally, Quick was the head coach of the United States team at the 1988, '96, and 2000 Olympic Games and also served as an assistant at the 1984, '92, and 2004 Olympics.

In May 2009, Richard was presented with the first-ever Lifetime Achievement Award by the College Swimming Coaches Association of America (CSCAA). The award is for "the individual whose efforts best exemplify the integrity and ideals of collegiate swimming and who has achieved significant success in the sport while imparting the educational and character-building qualities of the collegiate swimming experience."

Richard has built a reputation as one of the top coaches in the world and having him as part of the LifeWave family is truly exciting. He has proven his ability to develop individuals both competitively and as human beings. We look forward to many years of continued success under Richard's leadership in this area.

Richard served as the head women's swimming and diving coach at Stanford for 17 seasons from 1988-2005. While at Stanford, Quick led the Cardinal's to seven NCAA Championships, including five consecutive wins from 1992-96. He also led the program to titles in 1989 and 1998. Stanford won 14 Pacific-10 Conference crowns under Quick's direction including 11 consecutive from 1989-99.

While at Stanford, Quick coached 96 All-Americans to 757 All-America honors and helped develop 41 NCAA champions who have captured a combined 63 NCAA individual and 29 NCAA relay titles. He has picked up five NCAA Coach of the Year honors and four Pacific-10 Coach of the Year awards.

Prior to his arrival at Stanford, Quick led the Texas women to a then-unprecedented five straight NCAA titles (1984-88), a string he extended to six in a row in his first season at Stanford. He was inducted into the Texas Women's Athletics Hall of Fame in November of 2004 for his coaching accomplishments with the Longhorns.

While the head coach of both the men's and women's programs at Auburn from 1978-82, Quick built the foundation for where the program is today. He led both programs to a combined four top-10 finishes on the national level, while coaching 30 athletes who earned 152 All-American honors.

On the Plains, Quick coached five NCAA individual and two relay national champions, including Rowdy Gaines, Dave McCagg, Rick Morley and Bill Forrester. Gaines, one of the most decorated swimmers in Auburn history, went on to win three gold medals at the 1984 Olympics in Los Angeles, where Quick served as an assistant coach.

In his first Olympic head coaching assignment at the 1988 Games in Seoul, the American men and women brought home 17 medals. At the 1996 Games in Atlanta, the women garnered seven gold, five silver and two bronze medals, while the men's and women's swimming squads combined for a total of 26 medals, the most by any team at the 1996 Olympic Games. His 2000 club brought home 16 medals, including seven gold.

As an assistant at Athens in 2004, Quick's Team USA easily won the swimming medal count as the men's and women's team combined for 28 medals. At the 1992 Barcelona Olympics, the United States captured 27 medals.

A list of other international coaching assignments for Quick include four consecutive World Championships as the head coach in 1986, 1990 and 1994, and an assistant in 1982. He has also coached at the 1990 Goodwill Games, three Pan Pacific Games (1983, '85, '87), the 1985 World University Games and the 1979 Pan American Games.

Quick became a Distinguished Alumnus at his alma mater, Southern Methodist in 2002, where he earned a Bachelor's degree in Physical Education (1965) and a Master's degree in Physiology of Exercise (1977). He began his coaching career at Houston's Memorial High School (1965-71), guiding his team to six state championships before returning to SMU, where he served as an assistant coach on the men's side for four years (1971-75) before starting the SMU women's program in 1976.

## **RICHARD QUICK FACTS**

### **Collegiate Coaching Career**

- Stanford Women's Head Coach (1988-2005)
- Texas Women's Head Coach (1982-88)
- Auburn Men's and Women's Head Coach (1978-82)
- Iowa State Men's Head Coach (1977-78)
- Southern Methodist Women's Head Coach (1976-77)
- Southern Methodist Men's Assistant Coach (1971-75)

### **Collegiate Coaching Honors**

- Five-time NCAA Coach of the Year (1984, '85, '86, '89, '92)
- Four-time Pac-10 Coach of the Year (1989, '92, '95, 2001)
- Southwest Conference Coach of the Year (1985)

### **High School Coaching Career**

- Memorial High School (Houston, TX) Head Coach (1965-71)

### **International Coaching Career**

- U.S. Men's and Women's Head Coach (Olympics - 1988)
- U.S. Women's Head Coach (Olympics - 1996, 2000)
- U.S. Men's and Women's Assistant Coach (Olympics - 1984)
- U.S. Women's Assistant Coach (Olympics - 1992, 2004)
- U.S. Women's Head Coach (World Championships - 1986, '90, '94)
- U.S. Women's Assistant Coach (World Championships - 1982)
- U.S. Women's Head Coach (Goodwill Games - 1990)
- U.S. Women's Head Coach (Pan Pacific Championships - 1983, '85, '87)
- U.S. Women's Head Coach (World University Games - 1985)
- U.S. Women's Assistant Coach (Pan American Games - 1979)

### **College Education**

- Bachelor's Degree, Physical Education, Southern Methodist, 1965
- Master's Degree, Physiology of Exercise, Southern Methodist, 1977